2020 401(k) Participant Survey

Retirement Saving and Spending

September 2020

Media contact:

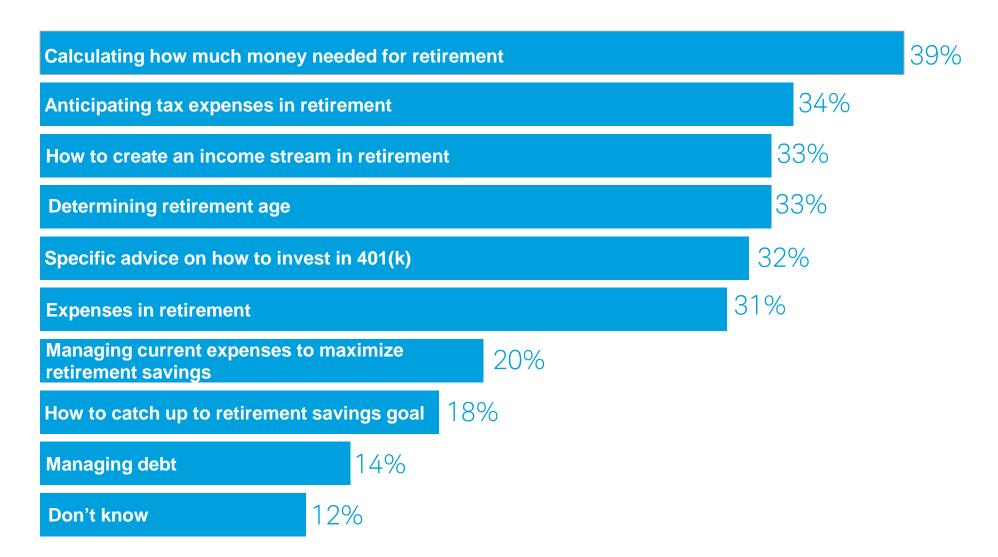
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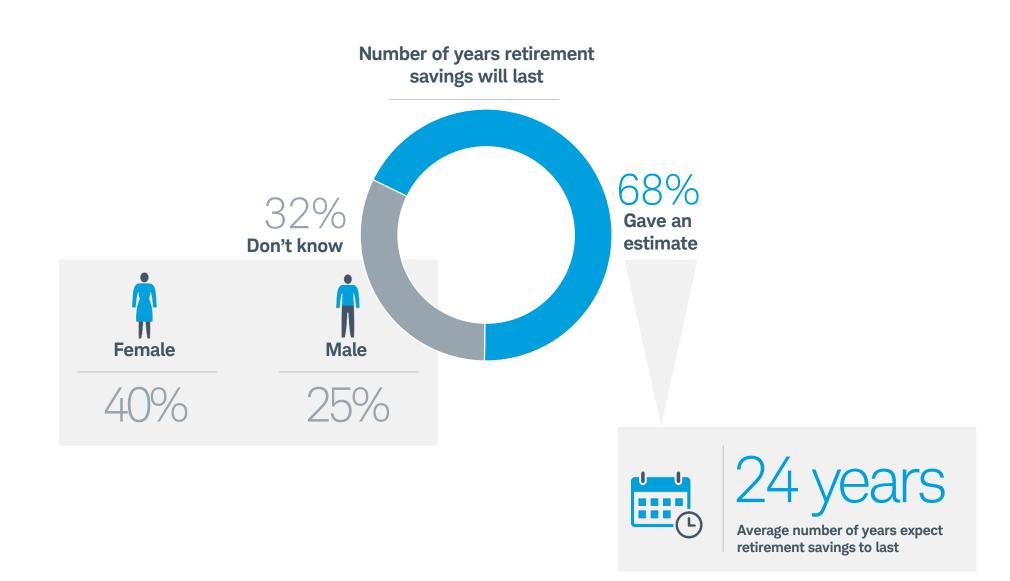


Participants want help calculating how much money they need to retire, plus managing taxes and creating income in retirement

Areas would like help with retirement planning



Almost a third of participants do not know how many years their savings will last in retirement—uncertainty is higher among women

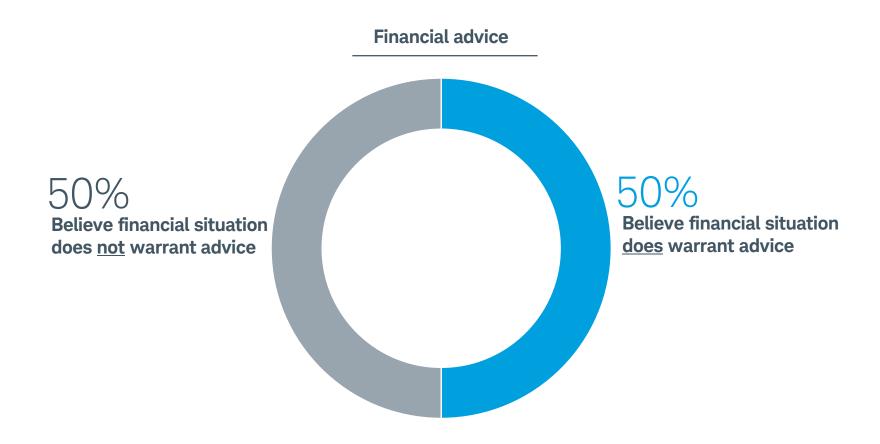


On average, survey participants expect to retire at age 65 and think they need \$1.9M saved for retirement



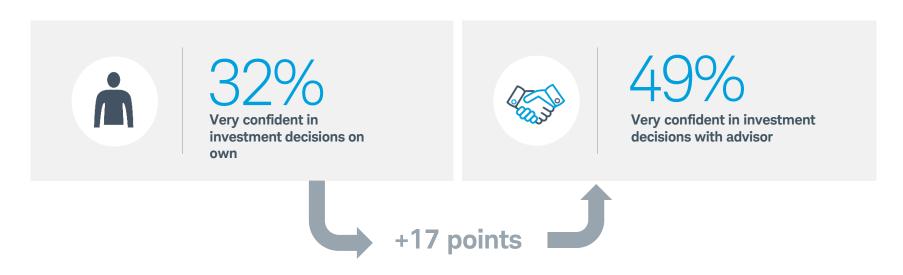


Half of participants believe their financial situations warrants advice



Confidence increases with the help of a financial advisor

Confidence in investment decisions



Q. How confident are you in your ability to make the right 401(k) investment decisions on your own? (Base: Total = 1,000)

Retirement

Participants' 401(k) will be their primary source of income in retirement followed by Social Security



of retirement income expected to come from multiple other sources besides 401(k)

Retirement Income Sources



Over one-quarter of participants contribute the maximum to their 401(k); on average participants contribute about \$10,600





Average amount contributed to 401(k) in 2019

\$10,562

A 20% increase year-over-year.

In 2018, participants contributed an average of \$8,788 to their 401(k)s.

Outside their 401(k), participants are more likely to be saving for retirement in a savings account than investing

Top methods for investing/saving for retirement



More than three-quarters of participants are offered an HSA; almost half currently take advantage of it

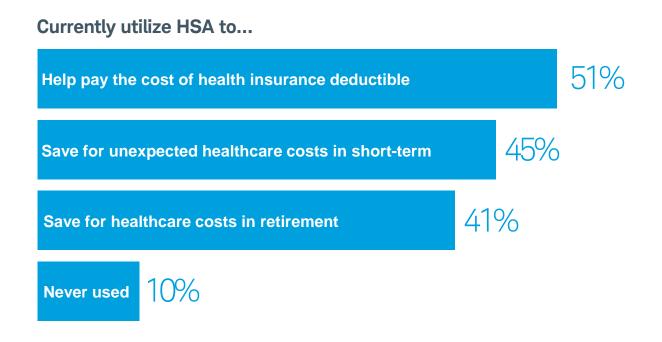
Y.

770/O
Are offered an HSA by their employer



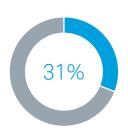
45%
Use HSA offered by their employer

Two in five participants who are using an HSA are using it to help save for healthcare costs in retirement



One third of those using an HSA contributed enough to meet current health costs and then set aside savings for retirement

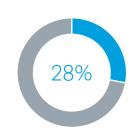
How HSA was spent in 2019



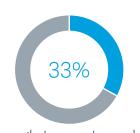
Enough to cover deductible



Enough to cover expected expenses



Enough to cover unexpected expenses



Enough to meet needs and set aside for the future/retirement



I did not contribute last year



Used all or most of their HSA funds last year

Q. Which of the following describe the amount of money you contributed toward your HSA in 2019, if anything? (Base: Those who have an HSA = 451)

Methodology

- The 401(k) Participant study is an online study conducted for Schwab Retirement Plan Services, Inc. by Logica Research.
- Logica Research is neither affiliated with, nor employed by, Schwab Retirement Plan Services, Inc.
- The sampling error is +/- 3 percentage points at the 95% confidence level.
- The study was conducted from May 28 through June 11, 2020.
- 1,000 401(k) plan participants completed the survey.
 - Ages 25-70
 - Work for companies with 25+ employees that have 401(k) plans
- Survey respondents were not asked to indicate whether they had 401(k) accounts with Schwab Retirement Plan Services, Inc.
- The typical (median) survey length was 13 minutes.

Disclosures

Schwab Retirement Plan Services, Inc. provides recordkeeping and related services with respect to retirement plans.

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0920-0VK3

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